

Important Dates

Ocean Park Civic League Meeting

March 7 May 9 Sept 5 Nov 7 Thursday 7:30 p.m. Ocean Park **Rescue Squad**

OPCL

Crawl Out! Saturday March 23 6 p.m. **Froggies Cantina** by the Bay

BAC Meeting

Third Thurs each month Location Varies

SDCC Meeting

March 25 Pril 22 7:30 p.m. Ocean Park **Rescue Squad**

Lyon **Scholarship** Deadline April 30

www.vbschools.com

Ocean Park Echo

MARCH 201

Christmas tree recycling done the right way

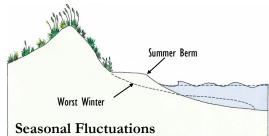
It has happened for years. Bayfront property owners beg for the castaways. Newcomers to the area ask why people throw their Christmas trash on the beach. People answer, "that's not trash it's to help build up the dunes." But no one really bothered to ask if the practice actually helps or if one method helps more than another... until this year.

A Facebook post mentioned that two Shore Drive businesses offered to collect used trees for dune replenishment. A quick call revealed that those trees would go to North Carolina.

Well, what about Ocean Park? Neighbors had already brought many trees down to the beach. Could they be better positioned? Could the beach use more?

continued next page

Pre-storm dune—berm in place



Dune scarp

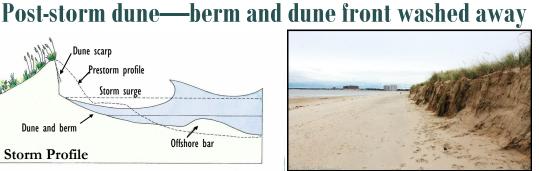
Dune and berm

Storm Profile

Prestorm profile

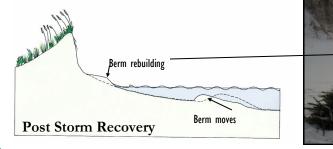
Storm surge





Recovery—trees catching sand to form new berm

Offshore bar





Continued from page one

Enter Spencer Rogers, coastal construction and erosion specialist at University of North Carolina at Wilmington's Center for Marine Science, and adjunct faculty member in the department of civil, construction and environmental engineering at North Carolina State University, contributer to the FEMA Coastal construction Manual and co-author of "The Dune Book." He has helped private property owners, builders, designers, and governmental agencies develop hurricane-resistant construction techniques.

An Eastern Shore native, he volunteered his services to the bayfront he knows well. He said that while they studied many methods, the best method is in a row, end to top in short spans parallel to the dune and about ten feet away. He provided diagrams to show before and after dunes. He encouraged us to coordinate a native grass planting project in the warmer months saying that two native grasses would be even more beneficial to our dunes. Any other plants in that location provide little assistance.

The trees do indeed work. They work very well. In some instances, so well that they had to quit collections programs because they just didn't need any more dune. This happened in our own First Landing State Park several years ago.



Volunteers bury the bottom branches - Jennifer Coliaizzi

Rogers said that soft wood trees, like Christmas trees, work better than sand fencing because they decay after sever

Volunteers repositioned the trees on the beach to better facilitate sand-catching.

—Jill Doczi

Responses from Deputy City Manager Dave Hansen on the dredge transfer station installation at the base of the Lesner Bridge for the bridge replacement project

QUESTIONS AND AN-SWERS

1. Can the city guarantee the residents of Ocean Park that no other expansion will be constructed in the Crab Creek area other than a DMTS and the proposed mooring areas?

Answer. The city staff and I are not planning any other permanent development other than to retain the bulkhead, moorings, concrete slab, gravel access road, and gravel parking area. Really do not see us keeping the fencing at this time.

2. Are there any opportunities for com-

munity participation in the design of the DMTS and mooring areas?

Answer. As the design for what is needed for the Lesner construction is set and we do not plan on changing it once the construction is complete I do not recommend committing any further funding to change the site around.

3. Will the construction plans be influenced by the ULI study and the overlay zoning relative to commercial development?

Answer: The construction plan is to utilize the Crab Creek dredged material storage area as the material staging area and fabrication area for the Lesner Bridge Replacement Project. Any ULI study has no influence on this. 4. Will the construction plan be the same as originally presented in 2007? Answer: Am not familiar with the specifics of a 2007 construction plan – which would have been premature to our completing the bridge design. The current construction plan remains as was briefed to the Bayfront Advisory Committee. The Shore Drive Coalition, and the Ocean Park Civic League in 2012. That plan can be found posted on the Lesner project website within Public Works. 5. What is the status of participation with adjoining neighborhoods and which neighborhoods desire to haul dredge spoils to LBR?

Answer: As part of the City's Neighborhood Dredging SSD Program, the Staff and I continue to develop public transfer sites within each of the Neighborhood Dredging service areas as reflected by the bubbles on the Lynnhaven service area map. Within the northern Lynnhaven Inlet service area we have designed the Crab Creek Dredged Material Storage Site as the public accessible transfer site. To date the only neighborhood with an approved SSD is the Bayville Creek neighborhood of Church Point. The permit application for that neighborhood is going forward using a temporary transfer site in one of the participants back yards. This is because the Crab Creek site will be in use for the Lesner construction. I fully expect that for dredging #2 in year 9 and dredging #3 in year 16 the Bayville Creek neighborhood will request to use the Crab Creek site.

6. Do these neighborhoods have an option to change their offload site after they have agreed to the SSD ? Answer: The communities agree to first pay the additional real estate tax, afterwards the city completes a feasibility study and evaluates the alternatives for how the dredged material is transferred and transported from the project area to the deposition area at Whitehurst Pit off Oceana Blvd.

7. Since the quality of roadways leading to the potential sites within dredging communities is such a large factor in the feasibility study, are roads in Church Point/Bayville Creek, Thoroughgood, Donation Shores acceptable transportation routes?

Answer: Our traffic and construction engineers will conduct a thorough analysis of each road's ability to carry the truck transports as part of the project planning.

8. If the participation levels from neighborhoods for the SSD is not as expected or neighborhoods utilize their own roads and waterfront for transporting spoils resulting in little or no use for barging spoils to the LBR, is the city considering abandoning the DMTS construction and

mooring project?

Answer: The Crab Creek site is being designated a transfer site. It could be used for dredged material, oyster reef material, dredging operations, and even the Coast Guard should emergency conditions warrant it.

9. Is there a water quality problem with mechanical dredging?

Answer: There is a temporary period of turbulence associated with all forms of dredging. The optimal work is temporary which is short lived. I do not classify this day through Friday, 8 a.m. to 6 p.m. as a long term water quality issue. 10. Ocean Park residents have complained to city about the 24 hour a day dredging and equipment mobilization occurring during the Crab Creek dredging projects. What can be done to stop the late night activity?

Answer: Contract agreements between the city and the dredging contractor allow for 24 hour a day operations. Time is taxpayer money and prosecuting the scope of the contract is inherent in a contractors bid. If however anyone makes a complaint and the person taking the call is rude you may contact me. 11. Can the dredging contract for maintenance dredging at Crab Creek be changed to prohibit night time operations?

Answer: Have requested staff to scope the next Crab Creek dredging project for daytime operations as an option. We'll look at the cost differential and determine if that option is affordable.

12. With all of the proposed dredging operations on the horizon, wouldn't it be feasible to hire a dredging contractor who is equipped now or expanding to get crab Creek dredged utilizing daylight hours only?

Answer: IAW the Virginia Procurement Act our City contracts are awarded to the lowest qualified bidder. As staff we are responsible to all the taxpayers to create plans and execute projects which bring the best value for the taxpayer funds we expend.

13. Does mechanical dredging harm marine life or affect water quality? Answer: The mud/silt on the bottom of the Lynnhaven has resulted from decades of storm water runoff. It contains heavy metals and other pollutants that do little to support marine life. We

acknowledge it is not devoid of life as there are some worms and hermit type crabs that can live

and forage in this medium. Removing it improves the environment to sustain higher quality marine life. Both fish and fauna benefit from the addition flushing that occurs with the removal of the mudflats.

14. What will be the hours of operation for the DMTS at LBR?

Answer: Generally ten hours daily, Mondepending on daylight savings, no weekends, no holidays. There will be a crossing guard anytime there are trucks driving through LBR. There will be a full time inspector assigned to address all concerns or violations to agreements between dredging or hauling contractors. 15. Will OPWDRC be involved in the

development of the contract and use agreements utilized between city and contractors working within the scope of dredging operations?

Answer: We are happy to create an email list that includes city staff and members of the OPWDRC. We would like to do this so we can eliminate meetings. Your input would be appreciated.

16. We would like to work with you and city staff on the DMTS project and be involved in the process. We are also a reporting committee for a very large community and have concluded the presentations given by you are informational but do not allow time for questions and answers.

Answer: The city will be creating a web based information stream that will update travelers and residents about the construction of the bridge. Your input regarding the Lesner Bridge Replacement project is appreciated. I suspect this immediate project and the huge construction effort should be the first concern of the Ocean Park Civic League. As to the DMTS - simply stated - the transfer site will be in existence at the conclusion of the bridge project. Your assistance in establishing the parameters of its follow on use will be needed at the appropriate time.

Dave Hansen deputy city manager city of Virginia Beach

Fireworks!

Fireworks fundraising has begun for the 2013 Ocean Park/Baylake Pines/ Chesapeake Beach Fourth of July Fireworks Show on the Bay.

The three civic leagues have paid the deposit on the 2013 show. The next payment comes due in June and the final payment comes due July 5.

We will have the same rain date situation as last year. If the show gets called before 9 a.m. when the barge leaves it's docked location, the rain date will be July 5.

The plan for this year is 15 percent more explosives at the same price. The fireworks will shoot up diagonally towards Chesapeake Beach and Lesner Bridge as well as straight up to maximize the viewing area.

All three civic leagues raise funds for this show so if you can support their fundraising events in addition to donating to the Ocean Park portion, please do. Baylake Pines Civic League and The Leaping Lizard Café Present

OYSTER ROAST FOR FIREWORKS

Saturday**APRIL 13**from 4 PM to 8 PM

OYSTERS ** BEER ** WINE ** LIVE MUSIC Featuring****THE MOST WANTED BAND**** Pulled Pork and other Seasonal Fare by LEAPING LIZARD CAFÉ

\$35 until APRIL 1

\$45 after APRIL 1

Proceeds benefit Baylake Pines FIREWORKS And The Shore Drive 4th of July FIREWORKS SHOW Tickets and Information contacts:

John Borum

Kevin Montgomery Dell Young 757-363-9132 or 757-289-6348 757-268-4733

Pell Young 757-650-1383 Also Available at the Leaping Lizard Café Printing courtesy of **Gay Borum of Konica-Minolta**

Lynnhaven River NOW

March 16 "cleaning of the green" River Cleanup at Francis Land House

March 21 Watersheds Forum at VB Convention Center

March 26 Book discussion on "Omnivore's Dilemma"

April 20 I I th annual Oyster Roast

April 27 River Cleanup (water based, but launch location TBA)



Our eagles have either repaired or built their nests. Female eagles usually lay their eggs in January or early February. – LRNow

For more information visit the Lynnhaven River NOW website www.LRNow.org or email Kris@LRNow.org.

Many Ocean Park residents participate in the Pearl Home program, identifying your home as one of good stewardship to the waterways and the land adjoining them. You can see if your home qualifies and apply at http://www.surveymonkey.com/s/FYWTCSP.



Chesapeake Bay Foundation/Ocean Park partnership

The CBF seeks local salvaged materials for living building at Pleasure House Point

In the next few months, you may notice some changes at the Chesapeake Bay Foundation's property at Pleasure House Point. In order to begin preparations for CBF's Brock Environmental Center construction, we will move trees and shrubs from within the construction area to habitat restoration areas around the site. We will do this in two phases, the first of which involves volunteers moving small trees and shrubs and the second using equipment to move larger trees.

Currently the site has a few small live oaks and pines that are good candidates for moving with the help of volunteers. These trees are small and in most cases not located in areas well suited for long-term growth. In addition, there are numerous shrubs that are good candidates for transplant by hand as well. In most cases these shrubs, commonly referred to as high tide bush, can be trimmed and transplanted with minimal care.

In order to give the larger live oaks the best chance of survival after their move, we will move them using equipment called a tree spade. The piece of equipment will allow for preserving as much of the root system of the tree as



possible. This is especially important given the sandy soils present at Pleasure House Point.

The volunteer transplanting days scheduled were February 22, 24 and March 1. We expect all of these activities to be completed by March 15th, typically the start of the growing season in the area. For more information about the volunteer times and any other questions you may have, please contact Christy Everett at CBF's Hampton Roads office at 622-1964 or at <u>ceverett@cbf.org</u>. You can also learn more about the broader project at cbf.org/php.

Christy Everitt, CBF Hampton Roads director

Fisheries update: Legislators vote to manage menhaden

Menhaden-small oily forage fish—are a major food source for marine mammals, birds, and other fish, including striped bass and bluefish, both valued by Virginia's commercial and recreational fishing industries. Menhaden are also vital to Virginia's economy, providing the basis for a com-

where the fish are processed into oil and meal, and supplying numerous bait fisheries throughout the state. Unfortunately, stocks of menhaden along the Atlantic coast have plummeted to their lowest levels on record. Data from the Atlantic States Marine Fisheries Commission show that menhaden are experiencing overfishing and have been for at least 32 of the past 54 years. To



mercial "reduction" fishery in Reedville, counter the declining numbers, the Commission recently adopted a revised management plan reducing the coastwide menhaden catch by 20 percent. This is a great first step towards restoring a forage fish that is vital to the Bay's ecosystem and Virginia's economy. Because Virginia's General Assembly manages the menhaden fishery (the only fishery the legislature oversees), it must adopt the Commission's new manage-

ment measures during the current legislative session or risk severe sanctions. Chesapeake Bay Foundation (CBF) worked with Delegates R. Lee Ware and Barry Knight to urge the General Assembly to pass menhaden management legislation. On January 17, key legislative panels voted unanimously in support

of both House and Senate menhaden management legislation. Subsequently, both bills have passed their respective chambers, and CBF anticipates approval by the governor very soon. CBF and other stakeholders are thrilled that legislation bringing Virginia into compliance with the Commission's menhaden management plan is moving favorably through the General Assembly.

—Christy Everitt, CBF Hampton Roads director

OPCL official business

OPCL Finance Committee Update:

The Robbins Legacy account held investments valued at approximately \$213,100 as of January 31, 2013. The portfolio is allocated 68 percent fixed income/cash and 32 percent equity/balanced funds. In addition to appreciation from the original \$180,000 investment, the account continues generating approximately \$6000/year in interest and dividends.

\$7,500 from the cash holdings is scheduled to be distributed to fund the OPCL budget for 2013 as approved at the January meeting.

If you have ideas for funding of community projects and improvements in Ocean Park, please contact any officer of OPCL listed in the newsletter.

OPCL Zoning Committee Update:

The committee reviewed two variance requests in February. One was for a new single family residence to be constructed at 3805 Iefferson Blvd. The requested variance is for a 9.78 foot front yard setback instead of 20 feet as required adjacent to the unimproved section of Woodlawn Ave., a portion of which serves as a footpath to the beach access. Given the curved shape of the lot an no impact to

adjacent properties the OPCL-ZRC is not opposed to the request. However, the committee did ask that the applicant modify the driveway, which is not the subject of the variance to avoid potential conflicts with pedestrians using the foot path.

The other application reviewed involves 2257 White Dove Lane. For a variance to replace an existing deck with an eightfoot setback adjacent to a street instead of the required 20 feet. The OPCL-ZRC does not oppose the request as the new deck will be within the exiting footprint of the old deck, the lot is irregularly shaped and the street is unimproved making the 20 foot setback unnecessary.

If you have questions or concerns about zoning request or other potential zoning issues, please contact any of the OPCL board members or representatives listed in the newsletter.

Local Payroll Service National Recognition



ZVMBA with RITA for Adults & Kids!



285-9833 www.zumbarita.com

The BAC Meeting Wrap Up

The Bayfront Advisory Committee (BAC) meeting notes for January 17, 2013.

Meeting topics included a presentation on Senate Bill 946 and House Bill 1531 pertaining to beach replenishment along the beaches of the Chesapeake Bay. The proposed bills would streamline the permitting process and shorten the time frame for the sand replenishment to occur. Senator Frank Wagner and Delegate Chris Stolle will work on the bills in the Senate and House of Representatives.

Public Works provided a presentation for the proposed stormwater management improvements in the bayfront communities.

Barbara Duke with Parks and Recreation reported on the progress at Pleasure House Point. The sign, guardrail and trail markers were installed. The department is working on a management plan for the park, which should be finished by October. A trail will be available to the public during construction. Parks and Recreation will work with Public Works on a wetlands mitigation plan.

The BAC design committee continues to work on the Shore Drive corridor overlay and design guidelines, the neighborhood sign program and the sense of arrival plans. The BAC communications committee asks that the BAC newsletter be electronically forwarded to all interested parties.





OPCL Sponsors

• The UPS Store Shore Drive: 10 percent off all services except United States Postal Service postage and UPS shipping.

• Tidewater Insulators: 10 percent off any attic or crawlspace insulation package.

• The Royal Chocolate: 10 percent off product purchases. Does not apply to gift cards, shipping or delivery. One per person, per visit.

• Lend a Hand Massage Therapy Free half hour reflexology added onto your 60-minute massage. Not valid with other discounts.

• La Casa Rana: five percent discount for all OPCL members. Not valid with other discounts/coupons.

I

• Ampor Electric Corporation: Buy a one year Energy Saving Maintenance Agreement and get a year free. (\$140 value). Receive \$30 off service calls. Receive \$350 off a HVAC system replacement, home generator or tankless water heater installation.

• Tim Sidow, CPA will donate 10 percent of the professional fees from tax services to the Fireworks Fund. 615-9730 or www.facebook.com/SidowLLC.

• Salon De Bella: 25 percent to first-time customers and a 15 percent on subsequent visits. See coupon ad for more.

• Complete Automotive, Inc.: Ten percent off any work up to \$100.

Consider becoming a business sponsor. Contact Terry Gearhart at **tgearpsu@gmail.com**. You may need to show your OPCL membership card to receive discounts.

| PROTECT TH | CIVIC LEAGUE RE BAYFRONT SAFETY FIRST PLEASURE HOUSE POINT | | | | |
|---|---|--|--|--|--|
| Now is the time to renew your membership in the Ocean Park Civic League. Pay now and get credit for all of 2013!! Dues are just \$15 a year per family. If you are not a member, become one now. Just fill in the Membership Application and mail to the P.O. Box listed below. Or join on-line at <u>www.opcl.org</u> . You will be helping your community and keeping yourself informed. | | | | | |
| Name: | <u> </u> | | | | |
| Street Address (and City/State/Zip if not 23455) | | | | | |
| Email: | | | | | |
| Phone: | H: C: | | | | |
| Do You Own or Rent? | Own Rent | | | | |
| Traffic Committ | mmunity Coalition Liaison | | | | |
| Mail this application and your dues of \$15.00 (check made to OPCL) for calendar year 2013 to: Ocean Park Civic League P.O. Box 55385 | | | | | |

Virginia Beach, VA 23471

NPR's "Morning edition" discusses beach replenishment

"For a half-century, the U.S. Army Corps of Engineers New Jersey and New York due to Superstorm Sandy. As has been in the beach business, dredging up new sand as shorelines wash away. Federal disaster aid for Superstorm Sandy could provide billions more for beach rebuilding and that has revived an old debate: Is this an effective way to protect against storms, or a counterproductive waste of tax dollars?"

"Morning Edition," NPR -

Wednesday, January 30, 2013

Jennifer Ludden, a reporter with National Public Radio, recently produced a piece about the debate over rebuilding beaches. Her premise began with the coastal damage in

part of her story, she spoke to officials along the East Coast, including the Outer Banks and Virginia Beach. Phill Roehrs, coastal engineer with Public Works - Coastal and Water Resources Division, met with her and discussed the benefits of beach rebuilding for areas such as Virginia Beach, including the Ash Wednesday storm and other destructive storms and storm damage on our coastline. You can read and listen to the interview, which ran on "Morning Edition" on January 30, by going to this link: http://www.npr.org/2013/01/30/170301306/debate-over -rebuilding-beaches-post-sandy-createswaves

As seen on **Facebook**

- Announcements about free yoga • classes with Jennifer Colaizzi at different neighborhood locations
- **Ocean Park Volunteer Rescue** support T-shirts have arrived. Purchase them today and show your support.
- Several homes and businesses egged recently. Please report to the police.



Pleasure House Point . volunteer tree transplanting a success to make room for the new Chesapeake Bay Foundation facility. Thanks to those who turned out.

Posting to the OPCL Facebook page requires joining the site. Valuable real-time information about OP residents. Thse are summarizations of posts.

Call To Artists!

Lynnhaven River NOW Oyster Roast Art Auction T-shirt Contest

Donate a river-themed piece of artwork to our Art Auction by MARCH 11th and it could be featured on a new LRNow t-shirt.

The artwork will be judged by our Auction Committee, and the winner will receive 2 free Oyster Roast tickets, the t-shirt featuring your piece, and a table at the Oyster Roast to display your art.

Artistic Creation Art Gallery Virginia Beach's premier venue for local art & artists! Located 1/4 mile from the NorthHampton Blvd. exit, 4425 Shore Drive, Unit 104 Virginia Beach Va. 23455 Fine art in a variety of mediums. "Right on the Shore Drive Corridor!"



| Fine Art Prints | | | ****** Art Classes ***** Oils - Watercolors - Acrylics - Pottery - Jewelry Kiln & Wheels in Gallery | |
|--|---------------|----------------|---|------------------------------------|
| Fine Art Prints Limited Edition Giclees Call for Class Times/Dates/Prices Hours: Commission Work Monthly Shows/Student Exhibition Mon-Thur 10-7 Offered in all Classroom Space Available for Reg Fri/Sat 9-8 Sun 12-5 Mediums Gallery No.#757.646.1100 | Hours: | Commission We | ork | Monthly Shows/Student Exhibitions |
| | Mon-Thur 10-7 | Offered in all | l | Classroom Space Available for Rent |



The Little People's Creative Workshop Dance, Theatre, and Art 2013 Summer Camp

July 15-19 9:00 am-12:00 pm AGE 5-7

August 5-9 9:00 am-12:00 pm PRESCHOOL AGE

During camp, your child will learn dance, theatre and art in our three hour session. Each day we will introduce a new theme for our dance class which is taught by Elizabeth Heely – Owner/Principle Instructor of DANCESpace. After snack, we will all create a piece of art with resident artist Kim Fisher from Hands on Art to go along with the daily theme. Your child will need comfortable dance clothes and footless tights. Please pack a snack and water.

> Cost: \$160.00 (\$25.00 off for siblings) (Includes tuition and supplies)

NEW THIS SUMMER!! Mini Day Camp Dance & Art

Parents Day Out

9:00 am - 1:00 pm June 21st July 26th August 2nd \$40.00

The SDCC Meeting Wrap Up

The Shore Drive Community Coalition (SDCC) meeting minutes for January and February have not posted yet. The website provided the following information.

The department of Parks and Recreation will begin the preliminary design and associated cost estimates for a dog park at Bayville Farms Park.

They will identify funding for the project within the upcoming fiscal year 2013-2014. Capital Improvement Program Funding Plan, and if so identified, the target date for completion and opening of the dog park would be Spring 2014.

Please view "A Pebble in the Pond-The Living Building Challenge Charette" video about Pleasure House Point at http://vimeo.com/44336298



Hands on Art Children's Creative Art Classes Kim Fisher Owner/Instructor

2013 Summer Art Camp

Going to the Beach Explore a variety of art materials and techniques while creating fun under the sea animals. Your little artist will love this multi-media, process oriented approach to art where they will paint, collage and sculpt while listening to music and storytelling.

> August 13, 14, & 15 (Age 5 and up)

1:00 pm - 4:00 pm

\$150 (Includes Tuition and Supplies)

*Camp located at DANCESpace *Call 757-285-8307 to Register

DANCESpace is located at 2256 Seashore Shoppes VirginiaBeach, Virginia 23451 phone: 757–965–7733 www.dancespacevb.com

Comings /Goings

Christie Zeiller offers dogwalking services to those in the neighborhood for a small fee. Please contact her at blondie545@gmail.com or call 708-2221 for more information.

We have a returning neighbor with a new business. Come meet our neighbor and her business, wave of life Chiropractic Center, at the grand opening March 30. (see ad page 13 this newsletter)

Please submit any comings or goings to www.opclnews@aol.com. If you just moved into the neighborhood, please introduce yourself and give us your location. Returns will be printed, but, for obvious reasons, those leaving (unless permanently leaving and saying goodbye) will not.

Join the Ocean Park Civic League and CRAWL OUT!

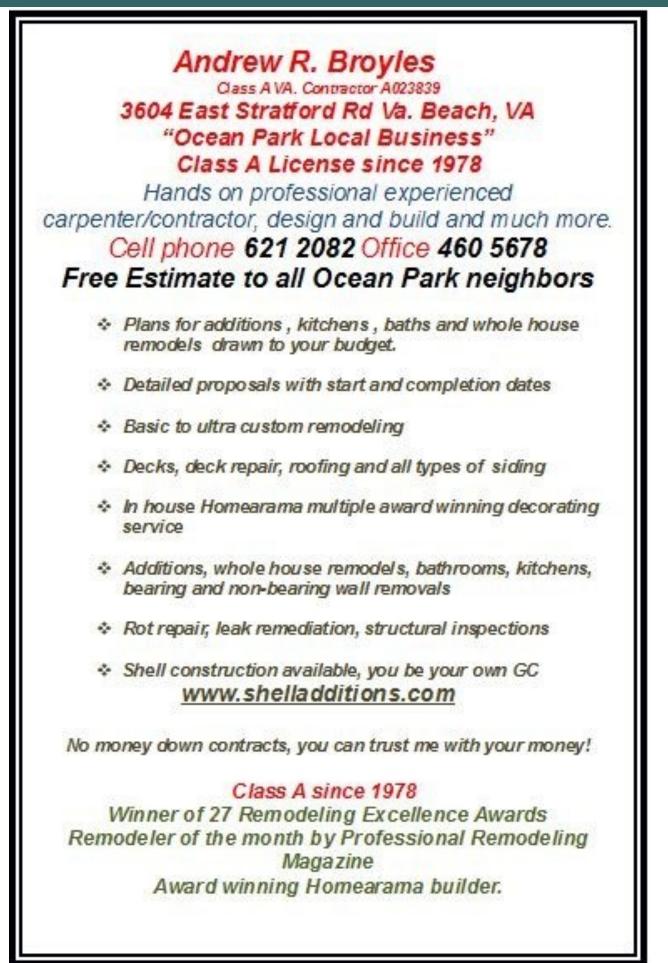


Saturday, March 23 6 p.m. Froggies Cantina by the Bay

Bring a neighbor and come to the annual OPCL Crawl Out of Hibernation Celebration!

Members enjoy free food, live entertainment and raffle prizes with proceeds donated to charity. You may join at the door.

> RSVP on the OPCL Facebook page or to laurenbennis@gmail.com



Lesner Bridge construction project impact

Construction Staging Area Requirements

- Staging area will be secured with 6' fence
- Beach will be closed in this area



Pop Some Corks for CBF

CBF is collecting champagne corks for Brock Environmental Center. The Collected champagne corks will be used for cabinet and drawer knobs. Drop off your used champagne corks in Virginia Beach at Cape Henry Collegiate School at 1320 Mill Dam Rd., Lynnhaven River Now at 1608 Pleasure House Road, Suite 108, Taste Unlimited (Oceanfront) at 36th Street & Pacific Avenue, Taste Unlimited (Bayville) at 4097 Shore Drive, Taste Unlimited (Hilltop) at 1544 Laskin Road, Suite 110. There are also locations in Norfolk, Chesapeake and Newport News. More info at <u>cbf.org/brock-environmental-center</u>

CBF plans to construct The Brock Environmental Center to meet the "Living Building ChallengeTM"—a set of strict environmental standards that requires the facility to have "net-zero" impact on the environment.

- One requirement is to use as many recycled or salvaged construction
- Materials as possible. Questions? Contact Christy Everett at 622-1964 or <u>ceverett@cbf.org</u>





4640 Shore Dr. Suite 106 Virginia Beach, VA 23455

757~656~9283 www.waveoflifechiropractic.com

Come Join Us!!!

March 30th 10am-5pm

Meet Dr. Carly and find out what our office has to offer! Enjoy Food, Giveaways, & Balloon Animals for the Kids!

Helping transform Virginia Beach into a community of Health, Vitality, & Passion!



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www.baysidetireandauto.net

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The UPS Store



What in Ocean Park is that?

Roof rat

Every Virginia Beach neighborhood has roof rats. Please use this information to educate yourselves, and take precautionary measures to avoid damage in your home. Schedule a home inspection, by a qualified professional. They may be in your attics and crawlspaces, without you being aware. If you suspect issues, get professional help.

Roof rats can carry diseases. They transmit these diseases through physical contact, bites, by contamination, or by fleas/mites that bite the rodent then bite something else. The roof rat can transmit a number of diseases to humans such as, murine typhus, leptospirosis, salmonellosis (food poisoning), rat-bite fever, and plague. It is also capable of transmitting a number of diseases to domestic animals, and is suspected in the transference of ectoparasites from one place to another.

As their name suggests, roof rats may be found in elevated areas (they are excellent climbers) such as trees, rafters, attics and roofs but also nest on the ground if necessary including under buildings, in piles of rubbish or wood and under decks. In residences where rats live indoors and feed outdoors, the damage may be restricted to tearing up insula-

> tion for nesting or gnawing electrical wiring. Rats nests are fairly common in Ocean Park, but to have rats indoors, they need an entry point to the house.

The likely areas are sewer cleanouts on the side of foundation walls and/or, HVAC refrigerant lines that have not been sealed when the house was built. Until recent code adoptions, plumbers cut holes for showers and bathtub drains 10-20 times the size of the drain pipe, creating a entry for rats to live under bathtubs. Caulks or mortars easily fix this problem. Another entry point is loose screening or hardware cloths on eaves and foundation vents that have come loose. They can enter a slabconstructed house by crawling via the sewer pipe. Make sure windows and vents are screened



Roof rat - city of Berkeley Environmental Health Division

and trim tree branches away from the house. A good visual inspection will usually reveal where the rats entered a house.

Sounds in the attic, or in the walls, are often the first indication of the presence of roof rats in a residence. When the house is quiet at night, the rats can be heard

scurrying about.

Roof Rat Bait nontoxic baits or food scraps (like bacon and fruit) attract rats to any trap. Put the attractant out for a few days before setting the trap. This gets the rat used to eating at that location.



Point of entry. - Andrew Broyles

Toxic baits kill the rats by poisoning and may not be the best choice. Toxic baits come as multiplefeeding or, single-feeding, anticoagulants or nonanticoagulants. Roof rats take food back to their nest so they can eat it safely. When they do this with toxic bait, they often scatter it and it can become accessible to children or pets. It is also common for a few rats to hoard most of the toxic bait so that most of the rats survive the baiting program. Repellants are not effective. Traps capture and/or kill rats. Snap traps, box-type kill traps, and live traps such as glue boards can help.

Kevin O'Hara. Information from several internet sites including Orkin.

infected fleas have transmitted serious plagues from rats to humans. Hantavirus pulmonary syndrome is transferred via inhalation of rodent urine, droppings or saliva. Although roof rats have not yet been connected to HPS, everyone is advised to use caution when dealing with an infestation.

Historically,

Fast Facts

Type: mammal **Diet:** Omnivorous but prefers grains, fruits, nuts and vegetables Location: Lower half of East Coast, throughout Gulf States and upwards to Arkansas. Along the Pacific Coast and Hawaii. Average life span in the wild: up to 1 year Size: 7-10 inches long Did you know? Females become sexually mature at four months, produce up to eight pups per litter and breed yearround. A female can produce up to 40 rodents per year. **Description:** Black or brown.

Large ears and eyes. Pointed nose. Smooth fu. Hairless, scaly tails that are longer than their head and bodies. Please volunteer with OPCL Volunteer Positions (Annual Hourly Needs) Newsletter Graphic Designer (30) Fireworks Committee (10-50) Newsletter Distributor (4) Scholarship Committee (5) Zoning Committee Member (5) Audit Committee (3) Safety and Traffic Committee Member (5) Meeting Coordinator (6) Social Committee Member (5) Door Prize Coordinator (6) Business Liaison (10) Membership Committee Member (5)

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WWW.OPCL.ORG

Message from the president

If January and February are any indication, 2013 is turning out to be an exciting year. Weather-wise, we've had summer days, monsoon rains, snow flurries and cold temperatures. From what I can see, people-wise, our community isn't hibernating. Many Ocean Park residents ("OPers") are helping each other and Ocean Park Civic League (OPCL), but have moved inside or out-ofsite.

At the January meeting, Terry Gearhart checked in attendees and 2013 OPCL members received a yellow card. This effort ensured that a quorum was present and only current members were counted in recorded votes. As a result, a budget for 2013 was adopted.

On one of those summer days in January, a number of "OPers" helped move discarded/recycled Christmas trees into an approved configuration and distance from diminished dunes. Thanks to Kristie Zeiler, Jill Doczi and Debby Bickel for organizing the event, and to the volunteers who worked that Saturday afternoon.

Much is happening, please read the rest of this newsletter to learn more!

Susie Walston, president

GEORGE AND LOUSE LYON MEMORIAL SCHOLARSHIP

The Lyons were lifelong members of the Ocean Park Civic League and dedicated a good portion of their free time to serving the community in which they lived. They were especially committed to supporting the Ocean Park Volunteer Rescue Squad which was the first, all voluntary rescue squad established in Virginia Beach and is still in operation today on Shore Drive.

Ocean Park Civic League has assumed the role instituted by the Women's Club of Ocean Park in annually awarding a \$1,000 scholarship honoring the contributions of George and Louise Lyon. Details for submitting application for this scholarship can be found at <u>www.vbschools.com</u> by selecting the "Students" tab and clicking on "Scholarship Central." Select "Search for a Scholarship" and type in "Lyon Memorial Scholarship." Deadline is April 30, 2013.

We already have a number of volunteers to review incoming applications, but if you would like to participate in this uplifting and inspiring effort, please contact Grace Moran at <u>g_moran@juno.com</u> or 757-318-9224.

March 7 OPCL meeting

Old Business

Marlin Bay Extension - Jennifer Colaizzi <u>Committee & Liaison Reports -As Needed:</u> Finance (Mike Wills) Fireworks (Jill Dozier) Membership (Terry Gearhart) Social Activities (Lauren Bennis) - Crawl Out Party Waterways Development & Redevelopment (Andrew Broyles) Zoning (Mike Wills) BAC (Martin Thomas) CAC (JP Cormier)